

LOOKING BACK at 2023

MAIN GOALS SET FOR 2023	Completed	In Progress	Abandoned
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Acknowledge Your Other 2023 wins!

(ie Faced my fear of public speaking, lost 20 lbs, started learning a new language)

Biggest Challenges I Faced

What I Learned

What I'll Do Differently

LOOKING FORWARD to 2024

What is your **heart** asking of you?

MAIN OUTER GOALS FOR 2024

MAIN INNER GOALS FOR 2024

Time Management

What you are willing to cut down or get rid of in order to create more time for your goals?

(ie TV/videos/gaming, electronics, procrastination, chores I can delegate to someone else)